

DOWNINGTOWN RUNNING COMPANY



OPEN RACING TEAM

Matthew Sandercock

Matt currently resides in Exton. He is a West Chester University graduate where he was a 3 time college NCAA Division 2 All-American. Matt has qualified for the Olympic Men's Marathon Trial twice (2000 and 2004). He won the Steamtown Marathon in 2002 in 2:21:20. Matt took 4th place in the Philadelphia Marathon (2006) and the Shamrock Marathon (2007).

College PRs

3K 8:34
5K 14:23 (indoor)
10K 29:49

Post College PRs

5K 14:30 (road)
5K 14:14 (track)
5 Miles 24:10
10 Miles 48:28
½ Marathon 1:07:20
Marathon 2:19:20

Highlight Races

1995 Cross Country Nationals, Boston, MA, 30:20, 79th Place
1996 Broad Street Run, 4th Place, 48:28
1997 Broad Street Run, 2nd Place, 49:10
1998 Steamtown Marathon, 3rd Place, 2:23:42
1999 Pittsburgh Marathon, 12th Place, 2:21:56
1999 Chicago Marathon, 30th Place, 2:19:20
2000 Pittsburg Marathon Olympic Trials, 44th Place, 2:30:40
2002 Steamtown Marathon, 1st Place, 2:21:20
2004 Olympic Marathon Trials, Birmingham Alabama, 23rd Place, 2:20:20
2006 Philadelphia Marathon, 4th Place, 2:23:28
2007 Shamrock Marathon, 4th Place, 2:22:10