



HOLIDAY GIFT IDEAS FOR THE RUNNER



TIMEX WATCHES, HEART RATE MONITORS, PEDOMETERS



Many styles and colors are available for men and women. Features include 30-150 lap recall, indiglo night-light, water resistant, and flix. An assortment of Heart Rate Monitors are available. Fitness Trackers keep track of calories, distance and steps on a watch.

OAKLEY SUNGLASSES



The best in eyewear technology!! *High Definition Optics* that allows for optical correction for refractive power, optical clarity and prismatic power. *Impact Protection* with the unique combination of wrapped, raked back lens geometries and durable Plutonite lens material. *UV Protection* blocks 100% of all UVA, UVB, UVC and harmful blue light. *Polarization* technology surpasses industry standards for clarity, performance and durability. *Hydrophobic* lens treatment that repels water, oil, perspiration and dirt and makes cleaning lenses a breeze. There are many styles to choose from casual to performance eyewear.

THE STICK



“A Toothbrush for Muscles”. The Stick is a dynamic-reactive instrument. Its mechanical features (rollers on a flexible stick) are designed to segmentally compress and stretch muscle. The benefits include dispersing the effects of lactic acid following activity and accelerating muscle recovery.

STRETCH-EZ



This device assists in gaining the benefit from stretching. The cradle design allows the foot to rest in comfortable position while the loops in the strap allow maximum force needed for comfortable stretch.

REFLECTIVE VESTS

NIGHTLIFE by BROOKS



Fits over any top to provide high visibility in low-light conditions with 3M™ Scotchlite™ retro-reflective detail. Lightweight mesh and adjustable.

STOCKING STUFFER IDEAS

ORNAMENTS



JEWELRY



A large selection of ornaments & jewelry for the runner.



SAFETY LIGHTS



Lightweight magnetic flashing lights attach to any piece of apparel.

HEAD LAMP



YANK and LACE LOCK SHOE LACES



SOCKS

Performance running socks are a must for the runner. These socks provide moisture management technology to wick away moisture from the skin. They have a seamless toe and a deep heel pocket. Plus they hold their shape and last longer than cotton socks. There are many different styles to choose from.



BODY GLIDE



Anti-blister and anti-chafing stick.

HATS/GLOVES/MITTENS/ARM WARMERS

There is a large assortment of hats, gloves and mittens. Here are some examples (not inclusive) below.

NIGHT LIFE HATS/HEADBANDS/GLOVES by BROOKS



SAUCONY



ASICS



JACKETS and PANTS

We have a large assortment of jackets and pants to protect the runner from the elements. Nightlife jacket features high-performance technical fabrics in high-visibility contrasting colors accented with 360° reflective detail. Some examples listed below.



WINTER RUNNING TOPS

Many different styles and colors to transfer moisture and add warmth for next to skin comfort.



AND THE ULTIMATE WIN-WIN IS THE

GIFT CERTIFICATE



135 E. Lancaster Ave.
Downingtown, PA 19335
(610) 269-6700

Gift Certificate

Date: December 25, 2009

IN THE AMOUNT OF: XX dollars and xx/100

\$XX.00

ISSUED TO: The Dedicated Runner

Expiration Date: December 24, 2010